

From St. Johnsbury



To Ashland, NH

The White Mountain Shopper

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Attractions Open New Adventures in the White Mountains



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NORTH WOODSTOCK, NH – From new ways to get drenched to soaring over a river and flying down a mountain, a host of attractions in the White Mountains are turning new pages in their histories this summer.

Santa's Village in Jefferson and the Whale's Tale Water Park in Lincoln both opened new water attractions this summer, while Loon Mountain has created a zipline adventure that takes the intrepid soaring over the Pemigewasset River.

And for passengers of the Conway Scenic Railroad in North Conway, a new dining car, which pays tribute to the legendary Hattie Evans, is now in service.

"We will definitely look back at 2010 as a year of investment for

several of our members," said Jayne O'Connor, president of White Mountains Attractions in North Woodstock, which promotes the region. "Santa's Village, the Whale's Tale, Loon Mountain and the Conway Scenic Railroad, like our other members, plan carefully and thoughtfully for the future, ultimately keeping in mind their customers and what would appeal to their adventurous side."

Loon Mountain's Zip Line is a 700-foot flight over the Pemigewasset River, with a ride on a separate line to cross back to the Adventure Center.

Across town at the Whale's Tale Water Park, Shipwreck Island, one of the most ambitious

(Continued on page 3)



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A Hike to Mt. Guyot Through the “Land of the Z’s”



Carrigain Notch View from Zeacliff

Sometimes I like to just put myself into “2 heel drive” and do a long hike that is straightforward with nothing fancy about it. To fit the bill, I recently did a simple round-trip trek to Mt. Guyot using the Zealand Trail and Twinway Trail. I often think of this hike as a journey through the “Land of the Z’s” since the route takes you by Zealand Pond, Zealand Falls, Zealand Hut, Zeacliff, and Zealand Mountain.

Many readers are probably familiar with the first part of my route which leads from the trailhead at the end of Zealand Road and then proceeds for 2.5 miles to the Zealand Hut. This is a popular day-hike that is doable even by novice hikers. A short distance from the trailhead, there is a boulder field to pick your way through. It is short-lived, but annoying nonetheless. Other than that, the trail is generally flat, and provides a very pleasant walk through a beautiful forest and along very picturesque brooks and ponds. At the

Zealand Hut, you can lounge on the porch and enjoy the nice view of the surrounding mountains. Or, you can take a very short side trip to relax along the edge of Zealand Falls. The Hut also provides an opportunity to refill your water bottles. And, there are restroom facilities as well.

After a brief stop at the Hut, I continued trekking along the Twinway for about 1.5 miles where I made another stop at the Zeacliff ledges which are located high up on the western wall of the Zealand Notch. Many agree that this is one of the premier viewpoints in the Whites. From this vantage point there is a very impressive view of the enormous cliffs of Whitewall Mountain which is located on the opposite (eastern) wall of Zealand Notch. These cliffs do form a “white wall,” so it’s easy to see how this mountain got its name!

And speaking of notches, it’s difficult to imagine that anyone could fail to be impressed with

the bold and imposing outline of the V-shaped Carrigain Notch as seen from the Zeacliff outlook. The massive Mt. Carrigain, which forms part of the notch, is perhaps best described by Laura and Guy Waterman in their book entitled *Forest and Crag* where it’s stated that this mountain resides “. . . in lordly isolation at the south end of the Pemi, with its deep-cut sides, majestic ridges and hidden secrets.”

Although I’ve been to Zeacliff many times, I still took time to engage in some prolonged lingering to admire the awesome views before continuing on my westward journey for another 2.9 miles along the Twinway toward Mt. Guyot. Just as an interesting side note, this mountain was named after Arnold H. Guyot (1807-1884), a prolific geologist and geographer who explored mountains throughout the U.S. There are peaks named after him in other States (NY, UT, CO, CA). And, there’s even a crater on the moon which bears his name!

New Hampshire’s Mt. Guyot consists of two broad domes about a tenth of a mile apart. On most maps, the northern dome is designated the summit, though only the southern dome has a large cairn such as you’d expect to find on a summit. Depending on whose list you use, Mt. Guyot (4,580 ft) is considered by some to rank as the 16th-tallest mountain in the Whites.

Mt. Guyot is situated such that there

are panoramic views without a hut or highway in sight. The towers on Mt. Washington are the only visible sign of civilization. Just to highlight a few of the plentiful vistas, the entire Franconia Range is visible from this mountaintop, plus a large portion of the Pemigewasset Wilderness (including close-ups of Bond and West Bond). Also, the Presidential Range can be seen hovering in the distance beyond the Willey Range. Since this is such a marvelous spot in the Whites, it sees a lot of hiker traffic, and especially since it is on the Appalachian Trail. On any given day in the warm-weather months, you’re nearly assured of meeting other folks.

This is a very appealing hike to me since it offers so much variety along the way: hardwood forest, boreal forest, flora of the alpine zone, ponds, brooks, waterfalls, and breathtaking mountain vistas to boot. Although it’s a long hike to Mt. Guyot (nearly 14 miles round-trip), one could still have a terrific hike by doing a shorter version. Any of the “Z” points mentioned at the beginning of this article are worthy destinations on their own.



Final Approach to Mt. Guyot

Attractions Open New Adventures in the White Mountains

(Continued from page 1)



From new ways to get drenched to soaring over a river and flying down a mountain, a host of attractions in the White Mountains are turning new pages in their histories this summer.

Across town at the Whale's Tale Water Park, Shipwreck Island, one of the most ambitious construction projects in recent years, opened just in time for the early July heat wave. The new pirate themed attraction is much like a giant water playground, and it features eight water slides.

The Ho-Ho-H2O park at Santa's Village also features water slides, fountains, water pistols and, like Shipwreck Island, a huge bucket of water fills up every few minutes, and a refreshing splash spills over folks waiting for it below.

"Water rides and water activi-

ties really have become an important part of recreation here in the White Mountains," O'Connor said. "Families coming here will find that there are rides and slides for all ages to enjoy."

The Conway Scenic Railroad this summer introduces its new dining car, the Hattie Evans, named for the legendary woman who raised four children alone in the Mount Willard section house, located high above Crawford Notch, along the tracks of the Maine Central Railroad, after the death of her husband.

The Hattie, as she is affectionately called, is in regular service

on the Notch Train, which passes by a memorial to the Evans family on its way to Crawford Depot at the top of the notch.

Later this summer, Attitash in Bartlett plans to open its Nor'Easter Mountain Coaster, which will treat riders to a thrilling series of drops, banks, turns and even a 360 degree loop.

Rounding out all things new in the White Mountains this summer is the subterranean adventures at Lost River Gorge and Boulder Caves in North Woodstock. The Adventure Tour takes visitors "off the boardwalk" and into some rarely visited caves in Kinsman Notch. Also, on Saturday nights, after the sun goes down, the lights come on during the new Lantern Tour of the gorge.

For more information, visit www.VisitWhiteMountains.com

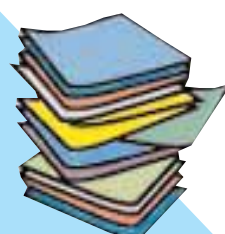
NORTH HAVERHILL

"Harvest and Storage": Wednesday, July 28th, 2010 from 5:30-7:00 pm at the Grafton County Complex. Join us to learn the recommended harvest times and storage tips for your garden vegetables.

And, for kids only: **"Pressing Flowers"**—Wednesday, July 28th, 2010 from 5:30-7:00 pm at the Grafton County Complex. Come learn how to keep flowers and herbs all winter long. Both workshops are free and open to the public. Meet at the gazebo located between the courthouse and nursing home. Call (603) 787-6944 for more information.

On Thursday, August 5th at 6:30 p.m. join Grafton County Forester David Falkenham for a public information session at the Grafton County Complex in the UNH Cooperative Extension conference room. This session will help people more clearly understand the Asian Longhorned Beetle and its potential threat to New Hampshire's forest, as well as cover the life cycle, biology, identification and mis-identification of the Asian Longhorned Beetle. An update on the current outbreaks in Worcester and Boston will also be given.

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LINCOLN- WOODSTOCK

MOOSILAUKE PUBLIC LIBRARY HAPPENINGS:
Story Hour- Saturdays at 10:00 am. Family History Thursdays from 4:00-9:00 pm. Have you wanted to trace your family history? Wanted to start a genealogy? Have you reached a dead end. Come in - may be we can help. Movie Nights 1st Thursday of the month starting at 6:30 pm. Popcorn will be served. From book to the big screen - call 745-9971 for movie information. Library is located on Lost River Rd,

Woodstock Town Office Building, N. Woodstock.

ST. JOSEPH'S PARISH will sponsor and organ concert on Thursday, July 29 at 7:00 pm at the church on Church Street in Lincoln, NH. Organist Caroline Long will perform works by Bach,, Handel and Mozart, at well as lighter works and will be joined by sopranos, Cecile Eisenhauer and Estelle Puzzo and contralto, Kristen Peterson. An ice cream social will follow in the church hall and all are welcome to attend. It is free and open to the public.

WOODSTOCK

Sennett, Chaplin, Keaton and the Art of Silent Film Comedy Presented by Patrick D. Anderson, Colby-Sawyer College. Date: August 16, 2010 Time: 7:00 p.m. Location: Moosilauke Public Library North Woodstock Town Office Bldg., For information contact: Ruth Ballmer 745-9971 Free and open to the public. Refreshments will be served. This program is sponsored through a grant from the New Hampshire Humanities Council.

"Make A Splash-Read" with Mad Science! Splish, Splash, Science Show at Moosilauke Public Library August 2, 2010 4p.m.



Be Island Bound with the Oldest Floating Post Office

The Sophie C.- a floating mail boat serves as a full service post office, complete with stamps and postal supplies, six days a week for residents of the 250 plus islands on Lake Winnepesaukee

CONCORD, NH – In a time where it is easier to send e-mails than a handwritten letter, where the receiving time for the person on the other end could be so quick, it's a wonder that a floating post office is still a popular icon today. Since 1892, the Sophie C. has been serving the residents and tourists of Lake Winnepesaukee with her mail service and providing spectacular views of houses and mountain ranges that are unmatched from the shorelines.

The Sophie C. makes two daily trips around the lake, stopping at four islands in the morning, and five in the afternoon, with mail delivery running from mid-June to mid-September each summer. Whether passengers are looking to use the service as a shuttle for visiting friends who live on an island, or simply to enjoy the scenery, Sophie has your ticket.

This floating mail boat serves as a full service post office, complete with stamps and postal supplies, six days a week for residents of the more than 250 islands on Lake Winnepesaukee, This "Island Boat", as some of the locals call it, can also take on freight should residents need to send or receive packages during the summer months. In a typical season, the Sophie C. can process between 36,000 to 38,000 pieces of combined incoming and outgoing mail.

Yet to the children and campers who spend their summer months on the lake, the Sophie C. is much more than solely a post office. As the three level horn blows, signaling her approach to each island, children come running with money in hand, anxiously awaiting to see what ice cream treats she has brought today. Some children even await the arrival of the vessel just to show off the tricks that they know how to perform while simultaneously jumping off the edge of the dock for the passengers looking down.

Many times, those riding the

Sophie C. will also have the chance to witness one of the many "Summer Fun with Sophie" contests, including "Crazy Hat Day" and "Island Attire". Held by her crew for the children, these contests are an interactive way for all to enjoy the summer and for island residents and crewmembers to get to know each other. For prizes, children have the enjoyment of receiving vouchers to use for free ice cream from the Sophie's collection, something that has become a summer tradition for all.

To passengers on board the vessel, a clear day on the lake is an opportunity to take in the views of the mountain ranges that surround the lake. The Mount Washington can be observed during the cruise, but for a spectacular sight, choose a day to cruise where there isn't a cloud in the sky and the sun is shining. There is always the possibility that cruisers of the Sophie C. on these days will be able to see the steam of the Cog Railway trains as it climbs to the top of Mount Washington.

Planning a trip on the Sophie C. is easy. Tickets can be purchased online in advance, or simply at the ticket counter on the Weirs Beach boardwalk. The cruise lasts 2 hours, but families can make a day of the trip by grabbing lunch at one of the various restaurants at the Weir, playing at the arcade or a round of mini golf, riding the waterslides, or even watching a movie at the drive-in movie theater after sunset.

Whether this is your first time on board the Sophie C., or you are a frequent rider, remember to bring your camera, some sunscreen, and don't forget to fill out a postcard from the Sophie C. gift shop to send to a friend or family member as a memento from your trip. A cruise on the Sophie C. will prove to be an unforgettable experience for adults and children alike.

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Uncle Herbert Knew How to Catch Trout

I like fishing for trout . . . especially brook trout. Putting around a lake or pond at trolling speed is fun and can be relaxing, but I'm easily bored. I've always had a short span of attention. I guess that's why I prefer to pull on the hip boots and work my way down a fast moving stream. I'm also partial to using worms for bait. Some purists feel like fly fishing is a classier and more "sporting" way to catch fish. I find that trout taste just as good when caught with a worm on a hook. Fly fishermen look good; I'd rather eat well.

The area around Smallville where I grew up is hilly . . . mountain country, actually. Consequently, every brook and stream is just teeming with squaretails. There's nothing like wading down a stretch of fast moving water, wondering what kind of deep hole lies around the next corner. Plus, I feel like I'm contributing to the natural cycle of the food chain. I'm fishing for food, while the smart trout are steeling my worms for sustenance, and I'm providing a meal for the hundreds of hungry mosquitoes.

Some of my buddies prefer to troll around in a boat. They say it's because they can catch bigger fish that way, and I suppose that's true. I've gone with them at times and we've usually spent hours without so much as a bite. I'm pretty sure Bernie and Roy like the lake fishing because it's

conducive to drinking beer. They don't often catch trout, but they always catch a buzz!

Some of you might have heard of my Uncle Herbert. He wasn't much of a sport; he fished for food. He paid attention to the regulations of the Department of Fish & Wildlife. Consequently, the local game wardens kept an eye on him.

The story goes that one Saturday morning Uncle Herbert was putting his twelve foot jon boat into Pickle Pond when Warden Dain Eldridge arrived at the boat launch.

"You gonna play by the rules today, Herbert?" Warden Eldridge asked.

"Of course I am, Dain. You know I always do." He grinned, exposing his three tobacco stained teeth.

"Then, I guess you won't mind if I join you in your boat," the Warden replied with a grin.

"Suit yourself, Dain. Just make sure you bring a life jacket; it's the law."

Uncle Herbert hadn't been on the lake for thirty minutes when he decided the fishing was too slow, so he moved on from Plan A to Plan B. He laid his spinning rod on the bottom of the boat and reached into his tackle box, from which he retrieved a small stick of dynamite. With little fanfare, he lit the fuse, tossed the explosive overboard, and reached for his long-handled net.

Within seconds, the fishermen

felt a rumble under the boat and my Uncle was scooping dozens of trout out of Pickle Pond and into his boat.

Warden Eldridge, of course, was appalled at Uncle Herbert's blatant disregard for the law and his authority.

"Herbert, what in the world are you thinking? You know you can't use explosives to kill fish. You know damn well I'm going to have to arrest you. You're gonna lose your license and pay a big fine. Have you lost your mind?"

Uncle Herbert didn't answer right away. Instead, he calmly reached into his tackle box, lit another stick of dynamite, and handed it to the Warden.

"Now Dain, are you going to talk or are you going to fish?"

To comment on this article or to read Joe's previous Thoughts, log onto <http://www.avgjoewright.blogspot.com>

Lincoln Event Attracts Artisans from Throughout the Northeast *An eclectic mix of traditional Art and unusual Crafts enhance this Festival*

LINCOLN – August 7 & 8, 2010
The Village Shops and Town Green along Main Street in Lincoln NH will burst into color, flavor and sound for The 18th Annual Lincoln Summer Craft Festival on Saturday August 7 and Sunday, August 8 from 9:00 am to 5:00pm daily.

Over 100 juried Artisans from over 15 states will display and sell traditional American made crafts including Fine Jewelry, Quilts, Fleece, Dolls, Tapestry, Silk & Dried Floral, Bird Houses, Pressed Flowers, Photography, Metal Sculpture, Primitive and Folk Art, Stained Glass, Decoupage, Pewter, Knitwear, Candles, Furniture, Painted Antiques, Wood Turning, Tole Painting, Soap, Miniatures, Calligraphy, Sports Collages, Silk and Dried Floral, Country Woodcrafts, Slate, Doll Clothes and Accessories, Oil Paintings, Chain-saw Carving and much more.

Come and sample specialty foods including Herbal Dips, Spices, Roasted Nuts, Candies, Kettle Corn and home made Jams & Jellies.

Enjoy live music performed

daily at the bandstand in the center of the Fair.

Free Admission and plenty of free parking. The Festival is held rain or shine.

Directions: From Route 93 take Exit 32. Handicap Accessible and Pets are welcome.

For more information call 603-332-2616 or visit us at HYPERLINK "<http://www.castleberryfairs.com>" www.castleberryfairs.com.

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AUGUST 7 & 8, 2010

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Over 100 juried Craftsmen will display and sell their work.

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The White Mountain Shopper PUZZLE PAGE

THEME: HIGH IN THE SKY

ACROSS

1. Legal excuse
6. Popular British beverage
9. "___ Mia!"
13. One who totes
14. As opposed to rent
15. Never say this word?
16. Much in Italian
17. *Plane engines ___ before take-off
18. Not active
19. *"___, Trains & Automobiles"
21. To confine
23. Dog command
24. Block of granite, e.g.
25. 100 pounds
28. Swank
30. Like country life
35. "Highs and ___"
37. Cheese in red casing
39. To bake eggs in their shells
40. Black and white treat
41. Rebroadcasted
43. A lightbulb often symbolizes this
44. Internet patrons
46. *Sang lyrics "How High is the Sky"
47. "Buddenbrooks" author
48. Type of check-up
50. ___-a-sketch

52. Pulitzer Prize winner Harper
53. Three of these in a yard
55. Her counterpart
57. *Type of shower
60. *Used to fill a balloon
63. Implied
64. Lyric poem
66. Greek sculptor of "Discobolus"
68. ___ burly
69. One of a set of dice
70. Shakespearean device used to inform audience
71. Twelfth month of Jewish calendar
72. Tight ___ in football
73. Short-___ bandicoot

DOWN

1. Cash giver
2. *Pilot's stunt
3. Short for "it will"
4. Software or Internet test, pl.
5. Humorously incongruous
6. *High rocky hills
7. Female sheep
8. Blacksmith's work surface
9. *Given before meals in first class
10. Affirm with confidence
11. Being nothing more than specified
12. Product of creativity
15. *Harry Potter's ___ 2000

20. Olden days anesthetic
22. Sea in Spain
24. *Sky at sunset
25. *Cumulonimbus, e.g.
26. "For better or for ___"
27. 10 to 12-year-old
29. Parisian idea
31. Door-stopping wedge, e.g.
32. Type of wave
33. Singer Cara
34. *Used for lifting
36. Arrange by categories
38. Grain in "The House That Jack Built"
42. Cheese-covered chip
45. *Type of card located in the seat pocket in front of you
49. "War and Peace" author
51. Contracted shooter
54. Deteriorate
56. One's assertion
57. Mangle
58. Beige
59. A chest or small drawer for money
60. Pay close attention
61. Purple flower painted by Van Gogh
62. "The horse you ___ in on"
63. Definite article
65. Cacophony
67. Flanders of "The Simpsons"

CROSSWORD

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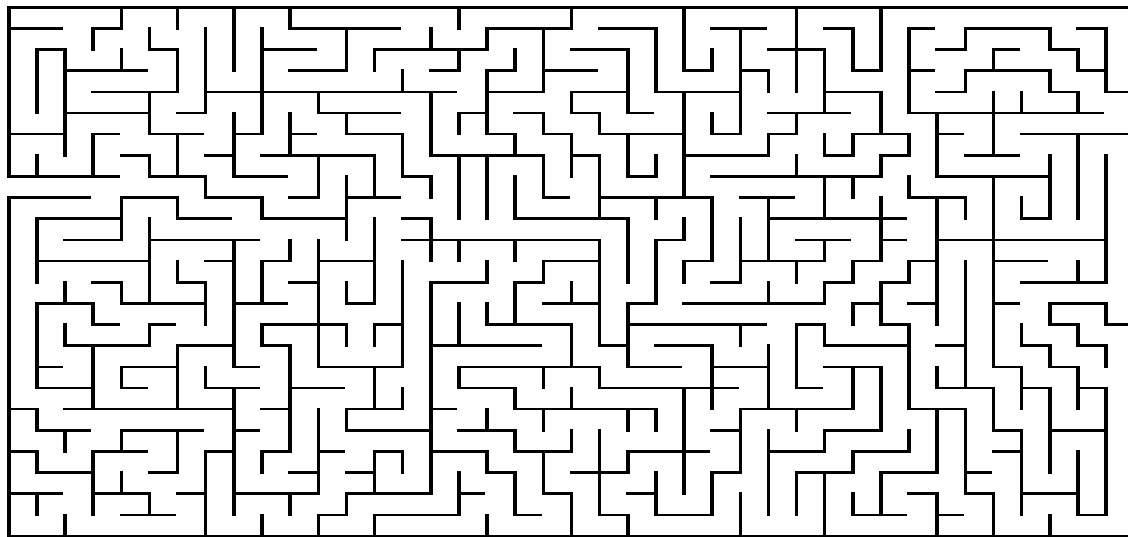
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WEEKLY WORD SCRAMBLE (TWO WORDS)
BLKAC AEBR



Cyan Magenta Yellow Black